


Chocolate Lowfat Frozen Dairy Snack

Nutrition Facts	
Serving size	1 cup (50g)
Amount per serving	
Calories	80
% Daily Value*	
Total Fat 1g	1%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 45mg	2%
Total Carbohydrate 17g	6%
Dietary Fiber 1g	4%
Total Sugars 12g	
Includes 7g Added Sugars	14%
Protein 1g	
Vitamin D 0mcg	0%
Calcium 48mg	4%
Iron 0mg	0%
Potassium 135mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



UPC Code: 0-75455-36910-1

Kosher: Kof-K Dairy 

Allergen Note: Contains Milk

Food Name: Chocolate Low Fat Frozen Dairy Snack

Size: 3 FL. OZ. (89mL) (50g)

Icons:



Ingredients

SKIM MILK, WHEY, CORN SYRUP, CANE SUGAR, MALTODEXTRIN (CORN), COCOA, BUTTERFAT (CREAM), STABILIZER (MONO & DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, CARRAGEENAN).

 SMART SNACKS
PRODUCT CALCULATOR



Smart Snacks Product Calculator Results

Brand:
Rich's Ice Cream


Product Name:
**Chocolate Lowfat Frozen Dairy
Snack**

Serving Size:
3 fl oz.

First Ingredient:
Skim Milk

Your non-beverage dairy product meets all nutrient standards for entrees or snack foods.

Nutrition Facts

Serving Size 3 oz (about 85.05 g) 

Servings Per Container

Amount Per Serving

Calories 80 Calories from Fat 9

Total Fat (g) 1

Saturated Fat (g) 0.5

Trans Fat (g) 0

Sodium (mg) 45

Carbohydrates

Sugars (g) 12

Vitamin D (%) NA

Potassium (%) NA

Calcium (%) NA

Dietary Fiber (%) NA