

Vanilla Lowfat Frozen Dairy Snack

Nutrition Facts

Serving size	1 cup (50g)
Amount per serving	
Calories	80
	% Daily Value*
Total Fat 1g	1%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 45mg	2%
Total Carbohydrate 17g	6%
Dietary Fiber 0g	0%
Total Sugars 12g	
Includes 7g Added Sugars	14%
Protein 1g	
Vitamin D 0mcg	0%
Calcium 50mg	4%
Iron 0mg	0%
Potassium 126mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



UPC Code: 0-75455-36920-0

Kosher: Kof-K Dairy 

Allergen Note: Contains Milk

Food Name: Vanilla Low Fat Frozen Dairy Snack

Size: 3 FL. OZ. (89mL) (50g)

Icons: 

Ingredients

SKIM MILK, WHEY, CORN SYRUP, CANE SUGAR, MALTODEXTRIN (CORN), BUTTERFAT (CREAM),ARTIFICIAL FLAVOR, STABILIZER (MONO & DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, CARRAGEENAN).

 SMART SNACKS
PRODUCT CALCULATOR

ALLIANCE FOR A
HEALTHIER
GENERATION 

Smart Snacks Product Calculator Results

Brand:
Rich's Ice Cream


Product Name:
Vanilla Lowfat Frozen Dairy Snack

Serving Size:
3 fl oz.

First Ingredient:
Skim Milk

Your non-beverage dairy product meets all nutrient standards for entrees or snack foods.

Nutrition Facts

Serving Size 3 oz (about 85.05 g) 

Servings Per Container

Amount Per Serving

Calories 80 Calories from Fat 9

Total Fat (g) 1

Saturated Fat (g) 0.5

Trans Fat (g) 0

Sodium (mg) 45

Carbohydrates

Sugars (g) 12

Vitamin D (%) NA

Potassium (%) NA

Calcium (%) NA

Dietary Fiber (%) NA