3 OZ. LOW FAT VANILLA SANDWICH

Nutrition Facts

Serving Size	3 fl. Oz.	(51g)
Servings Per Container		1
Amount Per Serving		
Calories	130	
Calories From Fat	20	
		% Daily Value*
Total Fat	2g	3%
Saturated Fat	1g	5%
Trans Fat	0g	
Cholesterol	<5mg	1%
Sodium	120mg	5%
Total Carbohydrate	25g	8%
Dietary Fiber	2g	8%
Sugars	12g	
Protein	2g	
Vitamin A		15%
Vitamin C		0%
Calcium		4%
Iron		0%

*Percent daily values are based on a 2,000 calorie diet. Your daily values my be higher or lower depending on your calorie needs.

UPC Code: 0-75455-44030-5

Kosher: Kof-K Dairy

Allergen Note: Contains Milk, Wheat & Soy

Food Name: Artificially Flavored Vanilla Low Fat Frozen Dairy Dessert with two Whole Grain Wheat Chocolate Wafers

Size: 3 FL. OZ. (89mL)

Icons: NUT FREE FACILITY · NO ARTIFICIAL DYES · WHOLE GRAIN · NO HIGH FRUCTOSE CORN SYRUP · SMART SNACK · DAIRY

Ingredients:

LOWFAT FROZEN DAIRY DESSERT: NONFAT MILK AND MILKFAT, SUGAR, CORN SYRUP, WHEY, MALTODEXTRIN, STABILIZER (MONO & DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, CARRAGEENAN), ARTIFICIAL FLAVOR, VITAMIN A PALMITATE.

WAFER: WHOLE GRAIN WHEAT FLOUR, ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE, RIBOFLAVIN, FOLIC ACID), SUGAR, PALM OIL, CARAMEL COLOR, DEXTROSE, CORN FLOUR, CONTAINS 2% OR LESS OF: COCOA, INVERT SYRUP, BAKING SODA, MODIFIED CORN STARCH, SALT, SOY LECITHIN.

SMART SNACKS PRODUCT CALCULATOR

ALLIANCE FOR A HEALTHIER GENERATION

Smart Snacks Product Calculator Results

Brand:
Rich's Ice Cream

Product Name:
3 oz. Low Fat Vanilla Sandwich

Serving Size:
3 fl oz.

First Ingredient:
Nonfat Milk and Milkfat

Your non-beverage dairy product meets all nutrient standards for entrees or snack foods.

Nutrition Facts

Serving Size 3 oz (about 85.05 g)

Servings Per Container

Amount Per Serving

Calories 130	**Calories from Fat** 20
Total Fat (g) 2	
Saturated Fat (g) 1	
Trans Fat (g) 0	
Sodium (mg) 120	
Carbohydrates	
Sugars (g) 12	
Vitamin D (%) NA	Potassium (%) NA
Calcium (%) NA	Dietary Fiber (%) NA